

2023 Mental Health and Addiction Investments

Calgary Mental Health and Addiction Investment Framework and Community Safety Investment Framework

2023 Allocations

The City of Calgary Calgary Mental Health and Addiction Investment Framework Allocations		
Organization	Project Name and Description	Funding Amount
Being Well: Wellness at home, at school, at work and in the community		
2023 Programs and Services		
Alberta Caregivers Association	Living Loss and Grief - A Journey to Awareness and Acceptance: To support caregivers to cope with loneliness, isolation, and burnout.	\$ 117,000
Alberta Northern Spirit Foundation	Keeping the Circle Strong: To support the healthy well-being of our Indigenous Elders & Seniors living in a urban setting where they can build natural supports through community, cultural programs.	\$ 241,400
Alexandra Community Health Centre	Youth Mental Health and Addiction Integration: To provide individual and group mental health therapy within an Integrated Youth Services model to highly vulnerable youth aged 16-24	\$ 342,000
Antyx Community Arts Society	Natural Support Through Youth Community Art: To provide natural support programing through art/ hip hop projects that inspires youth to identify mental health supports in their community.	\$ 94,000
Autism Calgary	Telling Their Stories: Pandemic Mental Health recovery and Prevention for individuals and families living with ASD: To bridge the gap between peer support & professional counselling by providing supportive "Talk Support" and "Peer Mentorship" sessions to facilitate mental health for adults with Autism.	\$ 80,002
Big Brothers Big Sisters Society of Calgary and Area	Mental Health and Mentoring - Serving our Diverse Community: To build the capacity of staff, mentors and families in mental health resiliency to support children and youth from diverse communities, specifically racialized, Indigenous and sexually and gender diverse.	\$ 93,897
Buds in Bloom	Buds in Bloom Digital Storytelling Program: The Buds in Bloom Digital Storytelling Program is a continuation of a pilot project, co-creating stories with Calgary families of children with disabilities.	\$ 19,128
Calgary Catholic Immigration Society	Centre for Refugee Resilience - Family Focused Therapy: To provide culturally sensitive therapeutic counseling, support services and holistic referrals to newcomer children, youth, and adults who have experienced trauma.	\$ 299,435
Calgary Immigrant Women's Association	Neighbourhood Walk and Talk for Immigrant Moms and Tots: This project enables immigrant mothers with young children to connect with their neighbours through outdoor community-based activities (walks, play dates at the park, visits to Calgary landmarks).	\$ 8,420
Calgary Immigrant Women's Association	Supports for Immigrants and Refugees with Mental Health and Addictions Issues: To strengthen supports for immigrants dealing with mental health and addictions issues through increased customized culturally sensitive counselling and mental health awareness campaigns.	\$ 124,940
Canadian Mental Health Association - Calgary Region	Increasing Social Connections: To utilize peer support as an engagement and support mechanism for the delivery of Recovery-oriented mental health education ('Recovery College') to individuals and families in need.	\$ 250,000
Centre for Sexuality Society	2S/LGBTQ+ Counselling and Support: To support 2S/LGBTQ+ mental health and wellbeing and enhance individual and community inclusion and resiliency.	\$ 85,000
Centre for Mental Health Equity	Culturally-Informed Community Helpers Program: A Change from the Inside Out: This program is designed to build community capacity and provide the mechanisms to train and support existing "community" helpers within the Farsi-speaking communities in Calgary.	\$ 38,591
Calgary Korean Women's Association	Community Wellness Project: Healthy Lifestyle, Healthy Outlook: The project will provide a broad, yet specific sense of overall wellness for long-term impact, incl physical, mental/emotional, financial, social, spiritual, occupational, & environmental wellness	\$ 4,500

Enviros Wilderness School Association	Respite Care Connection: To provide wellness and relief for parents caring for children with mental health and social challenges, while at the same time building social skills and friendships for the children.	\$ 150,000
Ethiocare	Ethiocare Youth Mental Health - Phase II: Youth Mental Health Coordinator will engage and train youth and mothers to act as influencers and develop activities to promote mental health and wellness in East African communities.	\$ 28,387
Hull Services	Bridging The Gap: to provide support, education, and systems navigation to 16–24-year-olds who struggle with mental health concerns (self-identified or diagnosed)	\$ 211,975
McMann Youth, Family and Community Services Association	Journey's - Addiction Support for Women: to provide services aimed at reducing risk factors and facilitating successful transitions through recovery by delivering intentional pre/post treatment and wraparound supports.	\$ 285,218
MPC Foundation	From Night to Light – Phase 2: This program will increase accessibility of its pilot project to more ethnic seniors, with new opportunity for individual session and lay the foundations for scaling by developing shareable contents.	\$ 10,000
Punjabi Community Health Services Calgary Society	Mental Health and Addiction Prevention Outreach Program: To provide community awareness, education and information to the South Asian community surrounding mental health, addiction and counselling services.	\$ 102,000
Sagesse Domestic Violence Prevention Society	Peer Support Group & Individual Support Program: To provide group and individual support to vulnerable Calgarians impacted by domestic violence.	\$ 46,205
Societe de la petite enfance et de la famille du sud de l'Alberta	Supporting Mental Health: to provide programs and workshops designed to provide a holistic approach to support Francophone families with their mental health and well-being.	\$ 52,000
The Canlearn Society for Persons with Learning Difficulties	Multi-Level Social-Emotional Support: To provide a multi-tiered support program that improves clients' ability to cope with stress and connects them to natural supports and resources within their community.	\$ 190,000
The Immigrant Education Society (TIES)	Healthy Minds: Multi-Cultural Mental Health & Wellness Support: To provide multi-cultural mental health intervention that meets the psychological needs of newcomers and other vulnerable Calgarians through strategies that address service gaps and barriers.	\$ 200,000
Wood's Homes	Inglewood Opportunity Hub Addictions Specialist (Formerly Exit Youth Hub and Outreach Addictions Specialist): to provide one to one harm reduction support to individuals experiencing addictions concerns between the ages of 15-29. The specialist also facilitates psycho-social groups.	\$ 189,960
2023 Pilot Projects		
Aboriginal Friendship Centre of Calgary Society	Kitsii Gome Traditional Wellness / Healing Pilot Project: To offer holistic and traditional approaches to health and wellness paralleling western health and wellness approaches typically offered to the Indigenous population.	\$ 109,760
Action Dignity Society	Weave: Community Innovation: To enhance sector collaboration among ethnocultural communities and immigrant serving organizations by strengthening linkages, to maximize combined potential to drive collective impact and foster change in the mental health system of care.	\$ 175,000
North of McKnight Communities Society	Building Mental Health Resiliency in visible minority Seniors & Women: To address the mental health needs of visible minority seniors and women living in the North of McKnight Blvd area through socializing activities, peer support, counselling and referral services for participants, and educational training workshops and awareness events for natural supporters and the community at large.	\$ 143,435
Recovery Acres	Innovative Paths to Independence: Empowering Recovery, Promoting Agency, and Revolutionizing Employment Solutions: To improve addiction recovery outcomes by empowering individuals with barriers to meaningful employment by leveraging community and employer involvement to break down stigma while promoting a more compassionate and supportive community.	\$ 120,000
Skipping Stone Scholarship Foundation	Trans Music and Voice: To foster resiliency through building community, connection, and confidence in trans and gender diverse children, youth and adults through various forms of musical expression.	\$75,000

UTI Limited Partnership	The Whole Entrepreneur: Incorporating Mental Wellness into Programming for Entrepreneurs Solving Social Problems: To provide mental health support through clinical services, knowledge sharing, stigma reduction, and capacity building for social innovators as well as the social innovation support ecosystem.	\$103,966
Getting Help: What you need, when, where and how you need it		
2023 Programs and Services		
Calgary Drop-In & Rehab Centre Society	Mental Health & Addictions Systems Navigation Support Program: To improve access to substance use disorder and mental health treatments for clients of the of Health Service program.	\$ 110,066
Calgary Public Library Foundation	Wellness Desk: To deliver mental health support via onsite social workers and service providers for vulnerable Calgarians confronting mental health and addictions challenges.	\$ 130,000
Calgary Women's Emergency Shelter Association	Strengthening Existing Crisis Support: To increase capacity of the Community Services Counselling Program to provide gender inclusive, response based and client-centered safety planning, case planning, wrap-around support, counselling, and navigation of community resources.	\$ 144,625
CUPS Calgary Society	Mental Health Support Groups: To provide grief & loss and Opioid Agonist Treatment-themed support groups for low-income and unstably housed Calgarians	\$ 50,600
Hull Services	Mental Health and Addiction Systems Navigator: Helping families, parents, and caregivers navigate the complex system of youth mental health and addiction services in Calgary	\$ 8,500
Immigrant Outreach Society	Augmenting Refugee Mental Health Equity (ARM Project): The project aims at delivering multicultural and language appropriate mental health, psychosocial services, gender-based violence interventions, anti-racism programming and policy influencing activities for refugees and immigrants from East African origin.	\$ 197,000
Jewish Family Service (Calgary)	Coordinated Older Adult Mental Health Response: To provide targeted wrap around support to address mental health, addictions, social impacts and physical health of older adults.	\$ 200,000
Miskanawah Community Services Association	Miskanawah Healing Lodge: To provide comprehensive mental health supports and services through a holistic, Indigenous lens for Indigenous peoples living in the city of Calgary.	\$ 300,000
Northeast Addiction and Mental Health Centre for Holistic Recovery	Intensive Family Support Program: To implement a virtual Intensive Family Support Program (IFSP) to improve health outcomes for both mental health and addiction patients and their families.	\$ 90,200
Pregnancy, Infant & Child Loss Support Centre	Journey through Grief: To provide mental health and grief recovery support to individuals experiencing long term trauma caused by miscarriage, stillbirth, and infant death.	\$ 150,000
RESET Society of Calgary	Exploitation Intervention & Transition (EXIT) Program: To provide immediate rapid-exit programming including housing, intensive case management, and comprehensive wrap-around support to women and girls 16+ exiting sexual exploitation.	\$ 131,290
Skipping Stone	Mental Health and Peer Support: To deliver mental health and peer support programs that support trans and gender diverse individuals and their families.	\$ 200,000
The Catholic Family Service of Calgary	Community Connect YYC Phase 3: To make access to affordable, timely mental health supports easier than ever at CommunityConnectYYC.ca, where clients can book a variety of counselling services 24/7 for diverse needs.	\$ 204,132
The Immigrant Education Society (TIES)	Still Linking All Cultures Equitably (LACE) to Address Mental Health Needs of Newcomers: LACE is a service enhancement & strategic mobilization initiative that addresses significant gaps in mental health services for newcomers today & sets in motion transformational change for the future	\$ 42,256
Trellis Society for Community Impact	Harm Reduction Family Therapist: To provide immediate, mobile, and flexible therapeutic services through harm reduction, trauma informed, anti-racist, natural support and attachment-based lenses	\$ 87,000

Trellis Society for Community Impact	Youth and Family Therapist: To provide therapeutic supports for families to increase mental wellness and adaptive skills and create environments for optimal individual and family development.	\$ 122,000
Vecova Centre for Disability Services and Research	Vecova's Pan-Disability Mental Health Supports: To increase help for persons with disabilities in Calgary experiencing worsening mental health and difficulty accessing the services they need.	\$ 87,500
2023 Targeted Investments		
Governors of the University of Calgary –The Mathison Centre for Mental Health Research & Education Partners: Calgary Board of Education	Optimizing School-based Mental Health Interventions for Calgary students A three-year project to develop and implement school-based mental health assessments and interventions for adolescents in Calgary with emergent emotional and behavioural issues.	\$ 246,525
Action Dignity Society	Youth Weaving World Views and Practices: Collaborating to Improve Mental Health of Racialized Communities (Youth Weave): To increase the knowledge of children, youth, and their families about mental health, mental illness, and when to seek help and to improve grassroots support through peer/natural supports towards positive mental health and access to trauma-informed care and supports.	\$ 200,000
2023 Pilot Projects		
ANSWERS	Sex Workers Effective & Efficient Together: To collaboratively identify gaps in service options and address the distinct barriers experienced by sex workers in Calgary in accessing services for mental health and social wellbeing.	\$ 243,365
Calgary Silver Linings Foundation	Advanced Eating Disorder Community Training Program: To create an interactive web based advanced eating disorder training program for multidisciplinary primary care and community providers in the Calgary area.	\$ 123,500
Carya Society of Calgary	Positive Fathering and Mental Health Integration: To offer mental health therapies to and support substance abuse treatment as required by fathers identified through Families Matters programs and complete a quasi-experimental evaluation to identify the extent to which improved paternal mental health and/or substance abuse management affect the risk of child maltreatment, fathers' child custody and access arrangements, and family court involvement.	\$ 293,815
Converge Mental Health Coalition Inc.	Development of a Universal Framework for Standardized Support Services for Children and Youth: To identify the skills, knowledge and competencies required to support adolescent mental health (ages 12-18) through the education system, resulting in a preparatory standardized program for student services and improved navigation of the mental health and wellness system for students and families.	\$ 145,331
Lionheart Foundation	Improving Mental Health Treatment for Black and Racialized Youth: To improve clinical practices of Lionheart network therapists and those within AHS when it comes to serving the needs of Black and Racialized youth facing mental health issues.	\$ 75,000
Vecova Centre for Disability Services and Research	Trauma Counseling Collaboration: To address the need for longer term, barrier free trauma counselling services in the Calgary Community.	\$ 204,700

The City of Calgary Community Safety Investment Framework		
Organization	Project Name and Description	Funding Amount
<i>Staying Safe: Security at all times, especially in a crisis</i>		
The City of Calgary 2022 CSIF Funding Allocations		
12 Community Safety Initiative Society	East Calgary Ambassador Program: To support those most vulnerable in the community to access referrals and to help the communities to be safe and inclusive.	\$ 275,994
Aboriginal Friendship Centre of Calgary	Outreach and Cultural Reconnection: To ensure urban Indigenous peoples and unhoused community members have access to necessities, mental health	\$ 113,000

	support, cultural support and access to vital services after crisis. Ensuring community wellness and promoting accessing community supports.	
Alberta Northern Spirit Foundation-Wholistic Community Development	Circle of Wisdom Elders Senior Wellness Project: To support Circle of Wisdom with in-home support, one to one support, risk assessment prior to Indigenous seniors accessing crisis services.	\$ 120, 336
Alexandra Community Health Centre	Mental Health and Addictions Outreach Initiative (MAOI) Expansion: To provide supports to street-involved people experiencing addiction and mental health issues.	\$ 309, 913
Calgary Alpha House Society	Ambassador Program: To increase the availability of non-emergency support and outreach services and to have a friendly presence in the greater downtown area.	\$ 467, 867
Calgary Alpha House Society	Downtown Outreach Addictions Partnership (DOAP): To provide a trauma-informed, culturally aware, and timely service that reaches individuals struggling with substance use at the street level. <i>*Funding of this program is shared with the Calgary Police Service. The indicated funded amount reflects the contribution from the City of Calgary.</i>	\$ 1, 086, 134
Calgary Catholic Immigration Society	The Tapestry Project: To facilitate access to mental health support amongst members of Calgary's diverse ethnocultural communities through community outreach, awareness raising, system navigation, and capacity building	\$ 238, 699
Calgary Communities Against Sexual Abuse Society	Calgary Sexual Violence Crisis Response: To enhance sexual violence crisis services for individuals who have experienced a recent sexual assault, by providing information, options, and advocacy that empower individual survivors to choose the path to healing that best fits for them in the context of their individual lives and values.	\$ 380, 000
Calgary Health Foundation	Sheldon Chumir Urgent Care Social Work Wrap-Around Care: To provide a responsive, expansive service for people in crisis, to address the systemic barriers those most vulnerable are having at accessing services in Calgary.	\$ 72,500
Centre for Newcomers Society of Calgary	Newcomers Therapeutic Crisis Intervention: To provide therapy support in first-language services for newcomer clients within the first 24 hours of receiving a referral, and offer 24/7 support for newcomer youth referrals.	\$ 198, 195
CUPS Calgary Society	Connect2Care Community Crisis Response: To provide timely crisis intervention for vulnerable Calgarians and to improve access to community services through care coordination and systems navigation.	\$ 345, 000
Distress Centre Calgary	Acceleration and Integration for Impact: Community Information Exchange and Community Connect YYC Collab: To create a more integrated and impactful support system for individuals with complex needs through effective processes and technological integration	\$ 678, 600
Distress Centre Calgary	Enhancing Crisis Services to Those at Risk of Suicide: To provide immediate, single point, multiple modality access for Calgarians in suicidal crisis and their families, and provide 24/7 wrap-around support to individuals at risk of suicide.	\$ 478, 920
ECSSEN Career School	We Are Together: To provide supportive listening in a culturally responsive way and connect callers with community services through 24/7 non-emergency response to a crisis.	\$ 269, 519
Fear Is Not Love Society	Crisis Line Enhancement: To increase accessibility of crisis lines by providing an option of online text-based crisis support.	\$ 35, 310
Immigrant Outreach Society	Road To Recovery (RTR): To provide culturally and linguistically responsive crisis response for East Africans residing in Calgary.	\$ 102, 780
Kerby Assembly	Enhancing Unison's Elder Abuse Resource Line (EARL): To ensure that Black and Racialized seniors are appropriately supported when accessing the EARL line and that supports are available to a greater number of Calgarians.	\$ 90, 274
Ladies in the Family Foundation	HERConnect: Transforming Calgary's Crisis Response System for New Immigrant (Black) Women and Girls: To provide coordinated access to immediate services as well as follow-up, in the immediate aftermath of when the crisis has occurred, for immigrant and racialized women and girls.	\$ 400, 000
Luna Child and Youth Advocacy Centre Ltd.	Multi-disciplinary Team Coordinator and Integrated Case Management: To provide dedicated staffing responsible for integrated case management response to crisis.	\$ 100, 000
McMan Youth, Family and Community Services Association	Community Response Model - Triage for Youth at Risk of Sexual Exploitation: To provide a collaborative and coordinated approach to triage and	\$ 176,112

	case management supports for youth at risk of or engaged in sexual exploitation in the city of Calgary.	
Mental Health and Counselling for East African Communities	Somali Canadian Society of Calgary (SCSC): To provide comprehensive, culturally-informed crisis supports.	\$ 265,000
National Zakat Foundation	Nisa Homes- Outreach Services: To provide support to vulnerable and marginalized women experiencing domestic violence and poverty through outreach and remote casework.	\$ 75,000
Punjabi Community Health Services Calgary Society	Quick Response Counselling: To provide quick response to those from the South Asian community in immediate need of Mental Health and Addiction counselling services.	\$ 90,000
RESET Society of Calgary	EXIT Program Crisis/Triage Initiative: To facilitate and support immediate safe exit from sexual exploitation for women age 16+ and their children.	\$ 145,750
Sagesse Domestic Violence Prevention Society	Peer Crisis Support: To support the expanded crisis triage and emergency response for clients impacted by domestic violence across Calgary.	\$ 67,220
The Immigrant Education Society (TIES)	BENCH: Building Equitable Newcomer Crisis Help: To increase engagement with and uptake of crisis services by providing equitable culturally and linguistically relevant primary crisis services for Black, Racialized, and equity-seeking groups that address current barriers	\$ 550,000
The Mustard Seed Society	SEEDreach: To provide more accessible care to individuals experiencing crisis and streamline access to other services.	\$ 296,000
United Way of Calgary and Area	Calgary Situation Table: To support the design and pilot of a model which convenes a cross-sector 'triage' table to collaboratively develop immediate, coordinated, and integrated crisis responses by mobilizing existing resources.	\$ 290,470
Wood's Homes	Strengthening Family and Youth Crisis Response Services: To provide immediate and no-cost crisis support to clients from professional crisis counsellors to children, youth, and families.	\$ 285,000
The City of Calgary 2022 CSIF Funding Allocations		
Alberta Health Services	Mobile Response Team (MRT): To provide Calgary Police Service members with access to mental health professionals to support decision-making with respect to mental health related calls.	\$ 500,613
Calgary Alpha House Society	Downtown Outreach Addictions Partnership (DOAP): To provide a trauma-informed, culturally aware, and timely service that reaches individuals struggling with substance use at the street level. <i>*Funding of this program is shared with The City of Calgary. The indicated funded amount reflects the contribution from the Calgary Police Service.</i>	\$ 1,900,000
Calgary Police Service and Alberta Health Services	Police and Crisis Team (PACT) Expansion: To enhance existing partnerships and programs to better support citizens in mental health crisis by increasing the number of teams from six to twelve.	\$ 117,000
Carya Society of Calgary	Older Adult Crisis Stabilization Outreach Team (OASCOT): To provide older adults experiencing homelessness, mental health and addictions challenges and complex needs with the necessary supports that allow them to transition to appropriate housing with wrap-around services that create the conditions to age well in community	\$ 575,650
Centre for Suicide Prevention	Suicide Prevention Respite Care in Calgary: To provide timely, accessible, people-centred care for those in suicide crisis, diverting from hospitals, and creating a connecting organization in the recovery path of guests	\$ 2,592,400
Distress Centre Calgary	211/C911 Co-location and Collaboration: To co-locate 211 operators into the Calgary 911 operation centre to improve the response of non-emergency calls related to mental health, addictions, and social services assistance.	\$ 899,662
Immigrant Outreach Society	Immigrant Outreach Crisis Response (IOCR): To provide East African refugees with complex mental health and psychosocial challenges with a trauma-informed and culturally appropriate crisis response that is rooted in community needs and reduce unnecessary engagement with law enforcement agencies	\$ 805,650
Kindred Connections Society	Community Connect YYC - Crisis Response and Coordination: To provide access to much needed mental health and counselling supports, including case management, for those experiencing crisis and those providing a primary response to those in need.	\$ 1,450,070
The Children's Cottage Society of Calgary	Heartstrings - Family Mental Health Crisis Support: To ensure that parents experiencing a mental health crisis are provided with timely support that is	\$ 998,880

	designed to meet the needs of not only the individual but also their family members, keeping children safe, and preserving the family in the process	
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