# **2022** Mental Health and Addiction Investments

Calgary Mental Health and Addiction Investment Framework and Community Safety Investment Framework

# 2022 Allocations

C	The City of Calgary Calgary Mental Health and Addiction Investment Framework Allocations				
Organization	Project Name and Description	Funding Amount			
Being Well: Wellness at home, at scho	ol, at work and in the community				
2022 Programs and Services					
Alberta Caregivers Association	<b>Living Loss and Grief - A Journey to Awareness and Acceptance:</b> To support caregivers to cope with loneliness, isolation, and burnout.	\$ 117,00			
Alexandra Community Health Centre	<b>Youth Mental Health and Addiction Integration:</b> To provide individual and group mental health therapy within an Integrated Youth Services model to highly vulnerable youth aged 16-24	\$ 342, 00			
Antyx Community Arts Society	<b>Natural Support Through Youth Community Art:</b> To provide natural support programing through art/ hip hop projects that inspires youth to identify mental health supports in their community.	\$ 94, 00			
Autism Calgary	Telling Their Stories: Pandemic Mental Health recovery and Prevention for individuals and families living with ASD: To bridge the gap between peer support & professional counselling by providing supportive "Talk Support" and "Peer Mentorship" sessions to facilitate mental health for adults with Autism.	\$ 80, 00.			
Big Brothers Big Sisters Society of Calgary and Area	<b>Mental Health and Mentoring - Serving our Diverse Community:</b> To build the capacity of staff, mentors and families in mental health resiliency to support children and youth from diverse communities, specifically racialized, Indigenous and sexually and gender diverse.	\$ 93, 89			
Buds in Bloom	<b>Buds in Bloom Digital Storytelling Program:</b> The Buds in Bloom Digital Storytelling Program is a continuation of a pilot project, co-creating stories with Calgary families of children with disabilities.	\$ 76, 51.			
Calgary Catholic Immigration Society	<b>Centre for Refugee Resilience - Family Focused Therapy:</b> To provide culturally sensitive therapeutic counseling, support services and holistic referrals to newcomer children, youth, and adults who have experienced trauma.	\$ 299, 43			
Calgary Immigrant Women's Association	<b>Neighbourhood Walk and Talk for Immigrant Moms and Tots:</b> This project enables immigrant mothers with young children to connect with their neighbours through outdoor community-based activities (walks, play dates at the park, visits to Calgary landmarks).	\$ 33, 68			
Calgary Immigrant Women's Association	Supports for Immigrants and Refugees with Mental Health and Addictions Issues: To strengthen supports for immigrants dealing with mental health and addictions issues through increased customized culturally sensitive counselling and mental health awareness campaigns.	\$ 124, 94			
Canadian Mental Health Association - Calgary Region	<b>Increasing Social Connections:</b> To utilize peer support as an engagement and support mechanism for the delivery of Recovery-oriented mental health education ('Recovery College') to individuals and families in need.	\$ 250, 00			
Centre for Sexuality Society	<b>2S/LGBTQ+ Counselling and Support:</b> To support 2S/LGBTQ+ mental health and wellbeing and enhance individual and community inclusion and resiliency.	\$ 85,00			
Calgary Towhid Centre	<b>Culturally-Informed Community Helpers Program:</b> A Change from the Inside Out: This program is designed to build community capacity and provide the mechanisms to train and support existing "community" helpers within the Farsi-speaking communities in Calgary.	\$ 146,50			
Calgary Korean Women's Association	<b>Community Wellness Project: Healthy Lifestyle, Healthy Outlook:</b> The project will provide a broad, yet specific sense of overall wellness for long-term impact, incl physical, mental/emotional, financial, social, spiritual, occupational, & environmental wellness	\$ 29,00			
Enviros Wilderness School Association	<b>Respite Care Connection:</b> To provide wellness and relief for parents caring for children with mental health and social challenges, while at the same time building social skills and friendships for the children.	\$ 150, 00			

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Ethiocare	<b>Ethiocare Youth Mental Health - Phase II:</b> Youth Mental Health Coordinator will engage and train youth and mothers to act as influencers and develop activities to promote mental health and wellness in East African communities.	\$	113, 550
Hull Services	<b>Bridging The Gap:</b> to provide support, education, and systems navigation to 16–24-year-olds who struggle with mental health concerns (self-identified or diagnosed)	\$	211, 975
McMann Youth, Family and Community Services Association	<b>Journey's - Addiction Support for Women:</b> to provide services aimed at reducing risk factors and facilitating successful transitions through recovery by delivering intentional pre/post treatment and wraparound supports.	\$	285, 218
MPC Foundation	<b>From Night to Light – Phase 2:</b> This program will increase accessibility of its pilot project to more ethnic seniors, with new opportunity for individual session and lay the foundations for scaling by developing shareable contents.	\$	43,900
Punjabi Community Health Services Calgary Society	<b>Mental Health and Addiction Prevention Outreach Program</b> : To provide community awareness, education and information to the South Asian community surrounding mental health, addiction and counselling services.	\$	102, 000
Sagesse Domestic Violence Prevention Society	<b>Peer Support Group &amp; Individual Support Program:</b> To provide group and individual support to vulnerable Calgarians impacted by domestic violence.	\$	46, 205
Societe de la petite enfance et de la famille du sud de l'Alberta	<b>Supporting Mental Health:</b> to provide programs and workshops designed to provide a holistic approach to support Francophone families with their mental health and well-being.	\$	52, 000
The Canlearn Society for Persons with Learning Difficulties	<b>Multi-Level Social-Emotional Support:</b> To provide a multi-tiered support program that improves clients' ability to cope with stress and connects them to natural supports and resources within their community.	\$	190, 000
The Immigrant Education Society (TIES)	Healthy Minds: Multi-Cultural Mental Health & Wellness Support: To provide multi-cultural mental health intervention that meets the psychological needs of newcomers and other vulnerable Calgarians through strategies that address service gaps and barriers.	\$	200, 000
Wood's Homes	Inglewood Opportunity Hub Addictions Specialist (Formerly Exit Youth Hub and Outreach Addictions Specialist): to provide one to one harm reduction support to individuals experiencing addictions concerns between the ages of 15- 29. The specialist also facilitates psycho-social groups.	\$	189, 960
Getting Help: What you need, when, w	where and how you need it		
2022 Programs and Services			
Calgary Drop-In & Rehab Centre Society	Mental Health & Addictions Systems Navigation Support Program: To improve access to substance use disorder and mental health treatments for clients of the of Health Service program.	\$	110, 066
Calgary Public Library Foundation	<b>Wellness Desk:</b> To deliver mental health support via onsite social workers and service providers for vulnerable Calgarians confronting mental health and addictions challenges.	\$	130, 000
Calgary Women's Emergency Shelter Association	<b>Strengthening Existing Crisis Support:</b> To increase capacity of the Community Services Counselling Program to provide gender inclusive, response based and client-centered safety planning, case planning, wrap-around support, counselling, and navigation of community resources.	\$	144, 625
CUPS Calgary Society	<b>Mental Health Support Groups:</b> To provide grief & loss and Opioid Agonist Treatment-themed support groups for low-income and unstably housed Calgarians	\$	50,600
Hull Services	Mental Health and Addiction Systems Navigator: Helping families, parents, and caregivers navigate the complex system of youth mental health and addiction services in Calgary	\$	115,805
Jewish Family Service (Calgary)	<b>Coordinated Older Adult Mental Health Response:</b> To provide targeted wrap around support to address mental health, addictions, social impacts and physical health of older adults.	\$	200, 000

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Miskanawah Community Services Association	<b>Miskanawah Healing Lodge:</b> To provide comprehensive mental health supports and services through a holistic, Indigenous lens for Indigenous peoples living in the city of Calgary.	\$	300, 000
Northeast Addiction and Mental Health Centre for Holistic Recovery	<b>Intensive Family Support Program:</b> To implement a virtual Intensive Family Support Program (IFSP) to improve health outcomes for both mental health and addiction patients and their families.	\$	90, 200
Pregnancy, Infant & Child Loss Support Centre	<b>Journey through Grief:</b> To provide mental health and grief recovery support to individuals experiencing long term trauma caused by miscarriage, stillbirth, and infant death.	\$	150, 000
RESET Society of Calgary	<b>EXploitation Intervention &amp; Transition (EXIT) Program:</b> To provide immediate rapid-exit programming including housing, intensive case management, and comprehensive wrap-around support to women and girls 16+ exiting sexual exploitation.	\$	131, 290
Skipping Stone	<b>Mental Health and Peer Support:</b> To deliver mental health and peer support programs that support trans and gender diverse individuals and their families.	\$	200, 000
The Catholic Family Service of Calgary	<b>Community Connect YYC Phase 3:</b> To make access to affordable, timely mental health supports easier than ever at CommunityConnectYYC.ca, where clients can book a variety of counselling services 24/7 for diverse needs.	\$	204, 132
The Immigrant Education Society (TIES)	Still Linking All Cultures Equitably (LACE) to Address Mental Health Needs of Newcomers: LACE is a service enhancement & strategic mobilization initiative that addresses significant gaps in mental health services for newcomers today & sets in motion transformational change for the future	\$	169,025
Trellis Society for Community Impact	<b>Youth and Family Therapist:</b> To provide therapeutic supports for families to increase mental wellness and adaptive skills and create environments for optimal individual and family development.	\$	122, 000
Vecova Centre for Disability Services and Research	Vecova's Pan-Disability Mental Health Supports: To increase help for persons with disabilities in Calgary experiencing worsening mental health and difficulty accessing the services they need.	\$	87, 500
2022 Targeted Investments			
Governors of the University of Calgary –The Mathison Centre for Mental Health Research & Education <b>Partners:</b> Calgary Board of Education	<b>Optimizing School-based Mental Health Interventions for Calgary students</b> A three-year project to develop and implement school-based mental health assessments and interventions for adolescents in Calgary with emergent emotional and behavioural issues.	\$	246, 525
Distress Centre Partners: 211, Calgary Foothills Primary Care Network and Alberta Health Services.	<b>Enhanced Connections between Health and Community; Closed Loop Referral</b> <b>Pilot:</b> Connecting Primary Care Network patients to resources that may improve their social determinants of health through a closed loop referral process with 211.	\$	94, 881

The City of Calgary Calgary Safety Investment Framework				
Organization	Project Name and Description	Funding Amount		
Staying Safe: Security at all times, espe	cially in a crisis			
The City of Calgary 2022 CSIF Funding A	llocations			
12 Community Safety Initiative	East Calgary Ambassador Program: To support those most vulnerable in the	\$ 199, 075		
Society	community through access referrals and aiding communities to be safe and			
	inclusive.			
Aboriginal Friendship Centre of	Outreach and Cultural Reconnection during COVID: To ensure community	\$ 113,000		
Calgary	members have access to basic necessities, mental health support, cultural			
	support, and access to vital services during the crisis.			
Alberta Northern Spirit Foundation-	Circle of Wisdom Elders and Seniors Centre: To provide 24-hour access-wrap	\$ 277, 965		
Wholistic Community Development	around support service to Elders/seniors and families in crisis.			
Alexandra Community Health Centre	Community Mobile Crisis Response: To provide community-based first	\$ 1, 245, 428		
	response that provides support to those experiencing non-emergency crises.			

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	*Funding of this program is shared with the Calgary Police Service. The indicated		
Alexandra Community Health Centre	<i>funded amount reflects the contribution from The City of Calgary.</i> Mental Health and Addictions Outreach Initiative (MAOI) Expansion: To	\$	309, 913
Alexandra community freatmeentre	provide supports to street-involved people experiencing addiction and mental health issues.	Ļ	505, 515
BeTheChangeYYC	<b>Homeless Street Outreach:</b> To refer clients to the appropriate services such as housing, based on the individual situation.	\$	77, 820
Calgary Alpha House Society	<b>Alpha House Ambassadors:</b> To increase the availability of non-emergency support and outreach services and to have a friendly presence in the greater downtown area.	\$	467, 867
Calgary Alpha House Society	<b>Downtown Outreach Addictions Partnership (DOAP):</b> To provide a trauma- informed, culturally aware, and timely service that reaches individuals struggling with substance use at the street level. *Funding of this program is shared with the Calgary Police Service. The indicated funded amount reflects the contribution from The City of Calgary.	\$	2,093,772
Calgary Downtown Association	<b>Downtown Ambassadors:</b> To provide a safer environment and to respond to the physical and mental health needs of those experiencing vulnerabilities in the Downtown area.	\$	137, 819
Calgary Health Foundation	<b>Sheldon Chumir Health Centre Urgent Care:</b> To provide a responsive, expansive service for people in crisis, to address the systemic barriers those most vulnerable are having at accessing services in Calgary.	\$	111, 593
Calgary Homeless Foundation	<b>Extreme Weather Response:</b> To support ongoing planning and collaboration among community organizations and City services to coordinate services that help keep Calgarians experiencing homelessness healthier and safer during extreme weather events.	\$	2,838,800
CUPS Calgary Society	<b>Connect2Care Community Crisis Response:</b> To provide timely crisis intervention for vulnerable Calgarians and to improve access to community services through care coordination and systems navigation.	\$	340, 650
Distress Centre Calgary	<b>Enhancing Crisis Services to Those at Risk of Suicide:</b> To provide immediate, single point, multiple modality access for Calgarians in suicidal crisis and their families, and provide 24/7 wrap-around support to individuals at risk of suicide.	\$	456, 115
ECSSEN Career School	<b>We Are Together:</b> To provide supportive listening in a culturally responsive way and connect callers with community services through 24/7 non-emergency response to a crisis.	\$	269, 519
Enviros Wilderness School Association	<b>Supporting High Risk Youth Leaving Homelessness:</b> To enhance the support provided to youth, utilizing a trauma informed counsellor during these critical hours, and reducing the impact on emergency services.	\$	111, 580
McMan Youth, Family and Community Services Association	<b>Community Response Model - Triage for Youth at Risk of Sexual Exploitation:</b> To provide a collaborative and coordinated approach to triage and case management supports for youth at risk of or engaged in sexual exploitation in Calgary.	\$	146, 881
National Zakat Foundation	<b>Nisa Homes- Outreach Services:</b> To provide support to vulnerable and marginalized women experiencing domestic violence and poverty through outreach and remote casework.	\$	64,350
Next Step Ministries	<b>Emergency Safe Shelter and Immediate Trauma-Informed Outreach Support</b> <b>for Women:</b> to offer an immediate safe place for women who want to exit sexual exploitation and to provide community outreach response.	\$	130,000
Punjabi Community Health Services Calgary Society	<b>Quick Response Counselling:</b> To provide quick response to those from the South Asian community in immediate need of Mental Health and Addiction counselling services.	\$	88,450
RESET Society of Calgary	<b>EXIT Program Crisis/Triage Initiative:</b> To facilitate and support immediate safe exit from sexual exploitation for women age 16+ and their children.	\$	145, 750
Sagesse Domestic Violence Prevention Society	<b>Domestic Violence Crisis Support - COVID-19 Emergency Response:</b> To support the expanded crisis triage and emergency response for clients impacted by domestic violence across Calgary.	\$	54, 285
The Mustard Seed Society	The Mustard Seed Mobile Health Advocacy and Addictions Project: To provide more accessible care to individuals experiencing crisis and streamline access to other services.	\$	277, 071

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Trellis Society for Community Impact	Sustainable Families - Harm Reduction Therapist: to provide immediate,	\$	91, 400
	mobile and flexible therapeutic services to families experiencing chronic and		
	episodic homelessness.		
Trellis Society for Community Impact	Níkso'kowaiksi: To support youth and families with additional 1:1 outreach and	\$	77, 060
	cultural support to reduce barriers Indigenous people face and help families		
	through a crisis by tackling the gaps in services.		
Wood's Homes	Strengthening Family and Youth Crisis Response Services: To provide	\$	285,000
	immediate and no-cost crisis support to clients from professional crisis		
	counsellors to children, youth, and families.		
The Calgary Police Service 2022 CSIF Fu			
Alberta Health Services	Mobile Response Team (MRT): To provide Calgary Police Service members with	\$	825,337
	access to mental health professionals to support decision-making with respect		
	to mental health related calls.		
Alberta Law Enforcement Response	ALERT Human Trafficking: To embed a civilian social worker in the Human	\$	56, 500
Teams	Trafficking Unit to provide real-time wrap around services to victims and		
	increase awareness and education for officers involved in the initial response		
	and investigations related to human trafficking.		
Alexandra Community Health Centre	Community Mobile Crisis Response: To provide community-based first	\$	1,245,428
·	response that provides support to those experiencing non-emergency crises.		
	*Funding of this program is shared with The City of Calgary. The indicated		
	funded amount reflects the contribution from the Calgary Police Service.		
Calgary & Area Child Advocacy	Cultural Broker/Cultural Liaison: To hire a Cultural Broker/Cultural Liaison	\$	108, 810
Centre	position to support system navigation, comprehensive training and education		,
	in cultural responsiveness.		
Calgary Alpha House Society	Downtown Outreach Addictions Partnership (DOAP): To provide a trauma-	\$	1, 167, 976
calgary supria riouse society	informed, culturally aware, and timely service that reaches individuals	Ŷ	1, 107, 570
	struggling with substance use at the street level.		
	*Funding of this program is shared with The City of Calgary. The indicated		
	funded amount reflects the contribution from the Calgary Police Service.		
Calgary Police Service	Child Abuse Unit (CAU) on-call triage specialist: To access on-call support in	\$	59,279
	times of greatest volume to ensure the timeliness and comprehensiveness of	Ŷ	55,215
	the triage process.		
Calgary Police Service	Crisis Intervention Training: To develop training for Police and Crisis Team	\$	180, 000
Calgary Folice Service	(PACT) as well as 'Train the Trainer' modules.	Ş	180, 000
Calgary Police Service	<b>Diversion Team Expansion</b> : To enhance service deliverability, divert calls for	\$	348, 203
Calgary Fonce Service	service and make follow-up on diversion easier for patrol, and create regular	Ļ	540, 205
	diversion reporting, all while ensuring the Calgary Police Service is compliant		
	with internal policy, Bill C-75 and the Youth Criminal Justice Act (YCJA).		
Calgary Police Service	Missing Person Integrated Case Management: To create a civilian position	\$	110, 000
Calgary Police Service	focused on historical missing vulnerable persons investigations currently	Ş	110,000
Calgany Polico Sonvico	active.  Recruiting Outreach and Fitness Initiatives: To implement best practices and	\$	330, 000
Calgary Police Service		Ş	550,000
	increase the number of Black, Indigenous and People of Colour and female		
	candidates applying to become police officers. This project will address		
Calman Dallas Camitas	recruitment gaps and promote greater diversity in our workforce.	ć	200,000
Calgary Police Service	Digital Evidence Technician: To support digital evidence technology to enhance	\$	200, 000
	workload management by quickly and efficiently processing critical pieces of		
	digital evidence and enhance the service provided to citizens of Calgary.		
Calgary Police Service	Equity Diversity Inclusion (EDI) Consultancy for Wellness and Resiliency: To	\$	191, 800
	support the mental health and wellness of all employees through policy,		
	training, and integration of EDI in mental health supports and services.		
Calgary Police Service	<b>Communications Specialist Support</b> : To support the work of the Calgary Police	\$	42, 139
	Service Anti-Racism Action Committee and CPS Commitment to Anti-Racism,		
	Equity, and Inclusion.		
Calgary Police Service	Anti-Racism Community Outreach and Engagement: To develop a	\$	387, 100
	comprehensive outreach and engagement plan to ensure all community voices		

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Calgary Police Service	<b>Anti-Racism Action Committee Trauma Specialist</b> : To conduct outreach and engagement with membership and community with a racial trauma and anti-racist lens.	\$	75, 000
Calgary Police Service	<b>Professional Standard Section (PSS) Contract Investigators</b> : To build capacity within the Calgary Police Service for civilian investigators to review public complaints against police officers.	\$	226, 362
Calgary Police Service	<b>Diversity Advisory Board:</b> To increase Equity, Diversity, Inclusion and to support Indigenous Reconciliation through the establishment of permanent indigenous displays and spaces at the Calgary Police Service headquarters.	\$	108,701
Calgary Police Service	Anti-Racism Strategy Change Management, Training and Marketing: To support transformational change through the Anti-Racism Strategic Roadmap to create and sustain change.	\$	270, 153
Calgary Police Service and Alberta Health Services	<b>Police and Crisis Team (PACT) Expansion</b> : To enhance existing partnerships and programs to better support citizens in mental health crisis by increasing the number of teams from six to twelve.	\$	1, 263, 059
Distress Centre Calgary	<b>211 Make the Right Cal</b> I: To create a marketing campaign managed through the Distress Centre to educate Calgarians about when to call 9-1-1, 2-1-1, 3-1-1, or 8-1-1 and 266-1234, thus reducing calls to police.	\$	100, 000
Distress Centre Calgary	<b>211/C911 Co-location and Collaboration</b> : To co-locate 211 operators into the Calgary 911 operation centre to improve the response of non-emergency calls related to mental health, addictions, and social services assistance.	Ş	618, 336
United Way / SORCe	<b>SORCe Executive Director</b> : To sustain funding of the Safe Communities Opportunity and Resource Centre, or SORCe.	\$	115, 000
YouthLink Calgary Police Interpretive Centre	<b>YouthLink Newcomers Program</b> : To support and build relationship with youth aged 11-17 who have recently immigrated to Calgary in partnership with the Centre for Newcomers.	\$	100, 000