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THE CITY OF CALGARY CITY CLERK'S

## NOTICE OF MOTION

NM 2014 September 11 Regular Meeting of Council 2014 09 22

## RE: Supporting Creation of a Wellness Foundation in Alberta MAYOR Nenshi COUNCILLOR Colley-Urquhart

WHEREAS chronic diseases such as cancer, heart disease, stroke, lung disease, diabetes and mental illness are the leading cause of death and disability in Alberta; and

WHEREAS Alberta spends over 90% of its health budget on treatment and management of chronic diseases, many of which are preventable; and

WHEREAS as the Alberta population grows and ages, the number of new cases of chronic disease is expected to rise, adding more pressure to our healthcare system; and

WHEREAS investing in effective strategies to improve the quality of life of Albertans is good value for money as research shows that a one dollar investment in health promotion, or efforts to help Albertans 'stay healthy', can be expected to result in a \$4 to \$5 cost savings to the health care system; and

WHEREAS past efforts by government to invest more in preventing diseases and promotion health have been undermined by funding pressures in the health care delivery system; and

WHEREAS a wellness foundation would make sure the funding and focus is sustained and protected over the long-term; and

WHEREAS Wellness Alberta was founded by a number of concerned Albertans to organized a campaign to support the creation of a Wellness Foundation for Alberta; and

WHEREAS Wellness Alberta is advancing the benefits of a Wellness Foundation to the province and will be seeking ongoing funding to support such a Foundation;

THEREFORE BE IT RESOLVED THAT The City of Calgary endorses the establishment of a Wellness Foundation and agrees that a letter of support will be provided to Wellness Alberta to indicate The City of Calgary's recognition of the value of such a Foundation to all citizens of our city and province and to encourage provincial funding to establish a Foundation.

Signature of Member(s) of Council