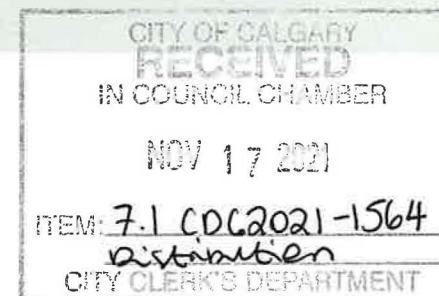


Preventing and reducing alcohol- related harms in Calgary



November 15, 2021



Why Municipal Alcohol Policy?^{8,9}



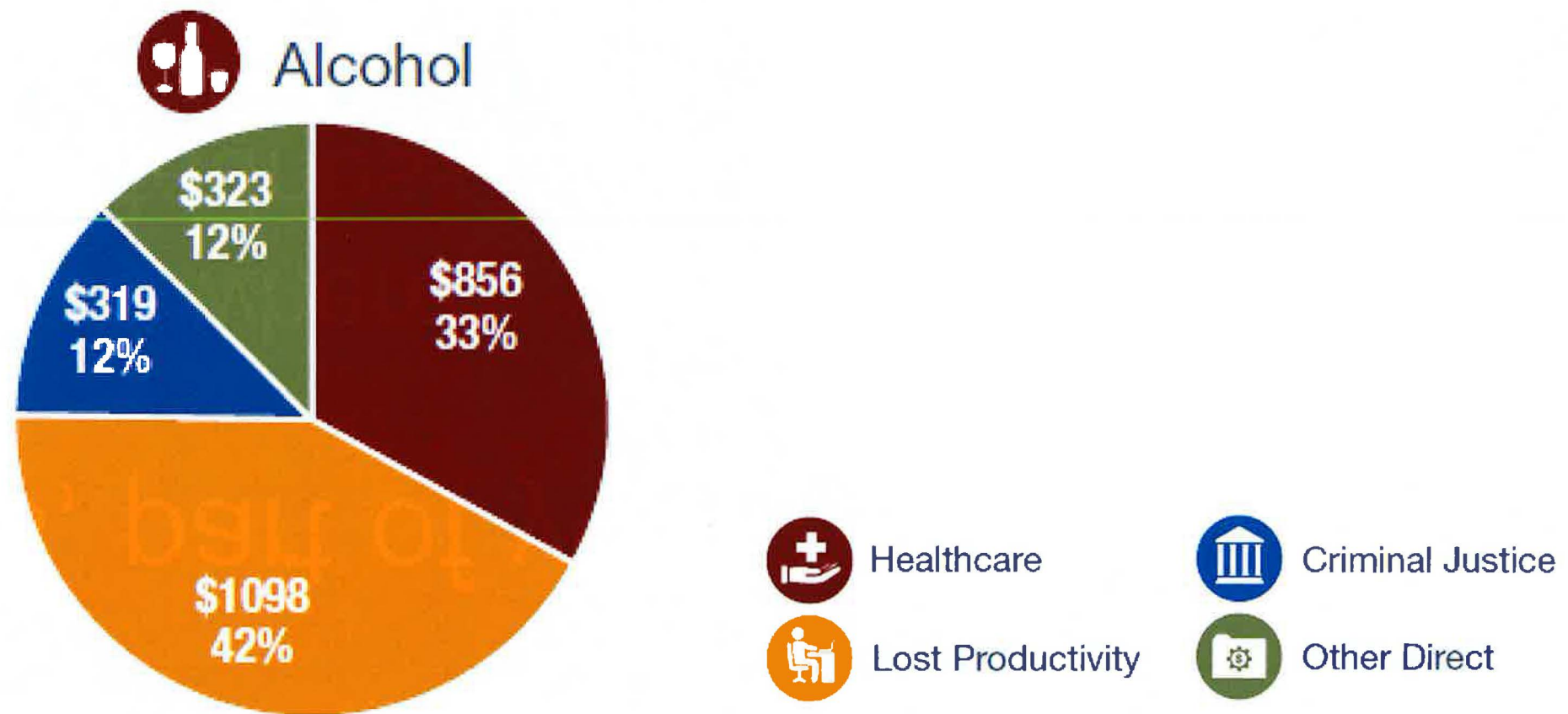
- ✓ Reduced underage access to alcohol
- ✓ Reduced community disruption
- ✓ Fewer injuries and hospital visits
- ✓ Reduced impaired driving
- ✓ Enhanced safety and reduced demand on security and police resources
- ✓ Reduced costs to taxpayers
- ✓ Reduced legal risks for local governments

Parks, part of your healthy City

- A space where connectedness and recreation flourishes without substance use



Cost of substance use by category in 2017 (in millions)





CALGARY'S
MENTAL HEALTH+
ADDICTION STRATEGY

A community of connections

**Calgary Mental Health and Addiction Community
Strategy and Action Plan 2021–2023**

Parks, a place for non-drinking moments and days

- Encourages success with the requirement of **multiple non-drinking days every week** for every adult (*Canada's Low Risk Alcohol Drinking Guidelines*)
- Alcohol causes cancer, no safe level of use.



Parks, a place for children, youth

- A place of playgrounds
- A place of family interaction
- A place where exposure to alcohol and its harms are minimized
 - reduced exposure to public drunkenness, alcohol fueled family aggression, harassment as a passerby, criminal activity



CAPE Gold standard

Physical Availability of Alcohol

Reduce availability of alcohol through:

- decreasing density of public drinking locations
- increasing distance between public drinking locations
- increasing distance between a place children and youth frequent and a public drinking location
- increasing distance between an alcohol and drug treatment or support group location and a public drinking location
- limiting hours of service when public drinking locations are open

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