

Examples of Calgary Food Based Charities

Brown Bagging for Calgary's Kids

- delivers lunches to kids who would otherwise go through the entire school day without it; delivers 3,200 lunches per day
- accepts food donations as well as financial donations
- <https://bb4ck.org>

Calgary Food Bank

- provides food to thousands of Calgarians in need
- needs donations of fresh and non-perishable food items, or monetary donations
- <https://www.calgaryfoodbank.com>

Community Kitchen Program of Calgary

- works to reduce hunger by promoting healthy food choices and enabling the community to educate, equip and feed themselves
- needs non-perishable food items and financial donations
- <https://www.ckpcalgary.ca/donate>

Calgary Dream Centre

- rehabilitation centre for men and women suffering from addiction and homelessness
- needs non-perishable food items as well as produce, bakery items and meat
- <https://calgarydreamcentre.com/donate-goods>

Leftovers Rescue Food

- ensures nutritious food is kept out of the landfill and instead redirects approximately 6000 lbs per week to over 50 service agencies
- <https://rescuefood.ca>

The Mustard Seed

- provides food, clothing, housing and support services to adults living through poverty and homelessness
- accepts food donations year-round and provides a list of urgently needed items on their website
- <https://theseed.ca/take-action>

Meals on Wheels

- delivers meals to seniors and other Calgarians who are in need of nutritious food
- needs financial donations to purchase ingredients
- <https://www.mealsonwheels.com>

Stuff-a-Bus Event

- annual event taking place on November 16th from 10am-4pm at any Co-op location
- Calgarians are encouraged to stuff the buses full of non-perishable food and/or cash donations to support the Calgary Food Bank
- <https://www.calgaryfoodbank.com/archivecalendar/stuff-a-bus/>

Veterans Association Food Bank

- supports veterans and their families by providing meals and supplies throughout the year
- accepts perishable and non-perishable food donations
- <https://veteransassociationfoodbank.ca/where-to-donate>

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